



TOTAL HEALTH SLEEP SOLUTIONS, INC.

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Letter of Medical Necessity & Prescription for the Treatment of Obstructive Sleep Apnea with an Oral Appliance

Re: _____ DOB _____

I am writing to inform you that it is medically necessary for the above-named patient to be fitted for an oral sleep appliance based on the below diagnosis and medical justification.

DIAGNOSIS

- ICD- Code G47.33 Obstructive Sleep Apnea (OSA) AHI _____
 - MILD
 - MODERATE
 - SEVERE

- ICD- Code J98.8 Upper Airway Respiratory Syndrome (UARS)

MEDICAL JUSTIFICATION

- The patient has mild or moderate OSA or UARS and oral appliance therapy has been advised as first line treatment of choice
- The patient, despite having severe OSA, is unable or unwilling to use CPAP
- The patient is unable to tolerate a CPAP machine.
 - CPAP has led to untoward effects making it intolerable
 - Patient is claustrophobic
 - Patient failed CPAP use in therapeutic or split night study
 - Patient has refused CPAP attempts
- The patient requires the oral appliance and the CPAP machine in combination as a form of treatment
- Other Associated Symptoms (e.g., Excessive Daytime Sleepiness, Fatigue, Cardiovascular Disease, History of Stroke, Mood Disorders, Insomnia, Diabetes, Hypertension among others)

REFERRAL

- E0486- Custom Fabricated Oral Appliance for the Treatment of Sleep Apnea

As a result of the patient’s history and physical information and diagnosis of sleep disordered breathing it is medically necessary for him/her to be fitted for a custom fabricated oral appliance.

It is the patient’s preference to have Dr. Bennardo insert and monitor the treatment. Dr. Bennardo is appropriately trained and has demonstrated his expertise in the treatment of our patients that have been referred to him for oral appliance therapy for patients with mild, moderate and severe sleep apnea as well as other forms of sleep disturbed breathing. Dr. Bennardo is Diplomat of the American Sleep and Breathing Academy.

Referring Physician _____ Phone _____

Signature _____ Date _____

Referring Physician’s NPI _____